

Weight Control Tea

Constipation

➡ Benefits

In acute constipation, overweight and obesity problems. Indicated to maintain ideal body weight and to help keeping in shape. It is contraindicated in cases of intestinal obstruction, chronic constipation and during pregnancy. It is contraindicated in children.



Action

This preparation presents a notable purgative action, very effective to regulate the intestinal function and to remove from the body fat and toxins, which can be harmful to the body. It also shows a powerful laxative action.

How to use it

During the first week take a cup of this tea, every other day, preferably after dinner. It is recommended not to drink more than one cup at day. To place in a cup or in a teapot one tea bag per person. Pour over hot water and let it steep for 2-3 minutes. Sweeten it to taste, preferably with honey and drink it.

Ingredients

Enriched dietetic tea elaborated with wild varieties of the Oriental plants, Malva silvestris, Cassia angustifolia, Salvia officinalis and seaweeds.

Presentation

Ecological filter unstapled tea bags, protected by an individual pouch. Box with 25 tea bags of 1.5 gr