# Colágeno Forte

# Flex Joint Support and Skin Care

Sports, general daily activities, being overweight and age all take their toll and can cause joint deterioration. Joints and the associated ligaments and tendons are affected and have to be taken care of; athletes and people over 40 years are the most affected population.



#### Presentation:

Box containing 30 sachets with 12 g. each

A healthy diet, avoiding being overweight and a daily intake of collagen promotes joint protection, maintaining mobility.

#### How to use it

Mix one dose into 6 ounces of water or any beverage.

Can also be added to yogurt or desserts.

### Action

Our collagen peptides have the highest absorption rate and are accumulated in cartilage making them stronger and more flexible. They improve as well skin condition, showing positive effects on skin suppleness and skin tonicity.

## Ingredients

Hydrolyzed collagen, hyaluronic acid, vitamin C, A and K.

